

# AUTISM SA SHORT BREAK AND RESPITE OPTIONS



[www.autismsa.org.au](http://www.autismsa.org.au)

# **AUTISM SA IS PROUD TO OFFER A RANGE OF SHORT BREAK AND RESPITE OPTIONS DESIGNED TO PROVIDE INDIVIDUALS WITH THE OPPORTUNITY TO INCREASE INDEPENDENCE AND DEVELOP SOCIAL NETWORKS WITH PEERS.**

Participants will have access to a service where they can meet others, increase independence and learn a range of skills including:

- Social: friendships, understanding feelings, learning how to cope with disappointment
- Emotions: developing empathy, responding to others
- Independence: developing skills, building capacity

The following services may be purchased from Autism SA:

- Overnight stays
- Day services
- School holiday programs
- Personally individualised support package

Services can be provided:

- To children
- To adults
- In group settings
- Individually

We can provide services across a variety of settings:

- Centre based
- In Home
- Community settings
- Other venues as negotiated

Autism SA is registered and accredited as a provider through:

- National Disability Insurance Agency (NDIA). Please contact your NDIA Planner for further information
- South Australian Government Provider Panel
- Carers Association

To discuss options or potential pathways please visit [www.autismsa.org.au](http://www.autismsa.org.au) or contact us on 8379 6976 or Info Line on 1300 288 476.



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