

AUTISM SA PSYCHOLOGICAL SERVICES

What: Individualised therapy and group sessions

Where: Home visits, Kindy and Child Care visits, School Visits, Clinic based sessions at Netley, Northern suburb and Southern suburb venues. (Different costs may apply for different venues).

When: 9am-5pm weekdays
- Other times may be available on arrangement.

Autism SA is accredited and registered as a provider through:

- National Disability Insurance Agency;
- Helping Children with Autism Package;
- Better Start; and
- South Australian State Government Provider Panel.

To discuss payment options you can contact Autism SA who will only be too happy to discuss your options and potential pathways or if you have established contact you could discuss your options with your National Disability Insurance Agency Planner or Autism Advisor.

IN ALL OF OUR SERVICES WE AIM TO ESTABLISH GREAT RELATIONSHIPS, CONSISTENCY IN STAFF, EXPERTISE IN THE AREA OF DISABILITY AND SPECIFICALLY AUTISM SPECTRUM DISORDER AND EVIDENCE BASED AND INNOVATIVE PRACTICES.

OTHER SERVICES AND BROCHURES AVAILABLE INCLUDE:

- Occupational Therapy
- Speech Pathology
- Group Skills
- Assessments and Plans
- Information and Support services

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AUTISM SA PROVIDING

PSYCHOLOGICAL SERVICES

FOR INDIVIDUALS WITH A DISABILITY



AUTISM SA HAS BEEN PROVIDING SERVICES TO CHILDREN ACROSS SOUTH AUSTRALIA SINCE 1964. OUR FOUNDING MEMBERS WERE FAMILIES DRIVEN BY THE DESIRE TO ENSURE THAT THEY HAD ACCESS TO THE BEST INFORMATION, EDUCATION, TREATMENT AND SUPPORT. WE HAVE REMAINED TRUE TO OUR BEGINNINGS.



PSYCHOLOGICAL SERVICES

A Psychologist can support you and your child to build skills and coping strategies in the following areas;

- **Counselling** – dealing with life's issues: e.g. bullying, grief, parental separation, working on anxiety, depression, stress
- **Educational and developmental:** e.g. learning difficulties, pre-school programming & planning, assessments, behaviour management, social skills training, emotion recognition and regulation, relaxation strategies

- **Psychological support to the family:** e.g. helping parents, siblings and other family members to cope with the stresses of having a child with ASD
- **Therapeutic intervention:** e.g. cognitive behaviour support.

A Psychologist can work directly with your child and/or provide you with information and strategies and support you to implement these. Different skills are required at different stages of your child's life so a program will reflect your child's developmental and chronological age.

Further information about what a Psychologist can do can be found:

Australian Psychological Society
www.psychology.org.au

Allied Health Professions Australia
www.autism.ahpa.com.au

Raising Children Website
www.raisingchildren.net.au/articles/psychologist_d.html

Therapy Choices Website:
www.therapychoices.org.au