

AUTISM SA GROUP SERVICES®

What: Group Sessions:
2:6 or 2:8

Where: Clinic based
sessions at Netley, Northern
suburb and Southern suburb
venues. (Different costs may
apply for different venues).

When: Daytime groups or
evening group weekdays -
Other times may be available
on arrangement.

Autism SA is accredited
and registered as a
provider through:

- National Disability Insurance Agency;
- Helping Children with Autism Package;
- Better Start; and
- South Australian State Government Provider Panel.

To discuss payment options you can contact Autism SA who will only be too happy to discuss your options and potential pathways or if you have established contact you could discuss your options with your National Disability Insurance Agency Planner or Autism Advisor.

**IN ALL OF OUR SERVICES
WE AIM TO ESTABLISH
GREAT RELATIONSHIPS,
CONSISTENCY IN STAFF,
EXPERTISE IN THE AREA
OF DISABILITY AND
SPECIFICALLY AUTISM
SPECTRUM DISORDER AND
EVIDENCE BASED AND
INNOVATIVE PRACTICES.**

OTHER SERVICES AND BROCHURES AVAILABLE INCLUDE:

- Occupational Therapy
- Speech Pathology
- Psychological Services
- Assessments and Plans
- Information and Support Services

**1/262 MARION ROAD, NETLEY
PO BOX 304, MARLESTON DC SA 5033
P (08) 8379 6976 F (08) 8338 1216
E ADMIN@AUTISMSA.ORG.AU WWW.AUTISMSA.ORG.AU**

AUTISM SA PRESENTS

GROUP PROGRAMS

FOR INDIVIDUALS WITH A DISABILITY



AUTISM SA HAS BEEN PROVIDING SERVICES TO CHILDREN ACROSS SOUTH AUSTRALIA SINCE 1964. OUR FOUNDING MEMBERS WERE FAMILIES DRIVEN BY THE DESIRE TO ENSURE THAT THEY HAD ACCESS TO THE BEST INFORMATION, EDUCATION, TREATMENT AND SUPPORT. WE HAVE REMAINED TRUE TO OUR BEGINNINGS.



GROUP PROGRAMS

Group programs can be used to assist development in a number of areas;

- Early Intervention Foundation Skills Group:** An early childhood transdisciplinary program that consists of an Occupational Therapist, Speech Pathologist and Developmental Educators who work in a collaborative environment to maximize potential and enhance development by utilising a range of therapeutic interventions. These can be half or full day sessions and are based in the Northern Suburbs.
- SPOT Group:** Speech Pathology and Occupational Therapy: Structured sessions with the aim of developing interaction, turn taking and emerging social skills, language and fine and gross motor skills.
- Social Development Group:** Structured sessions with the aim of developing appropriate social, friendship and life skills that a child may encounter in everyday life. Strategies and interventions used include direct instruction, visual and social scripts, incidental learning and the promotion of emotional regulation.
- Language Group:** To develop specific language skills, turn taking and interaction with other children. Run by a Speech Pathologist.
- Mealtime Groups:** A transdisciplinary group focusing on increasing a child's comfort level with food through structured play-based intervention. Sensory and oral motor skills are addressed as they impact on mealtime skills.
- Motor Skills Group:** To promote fine and/or gross motor skills in a supportive group setting. Sound motor skills enable a child to engage in daily tasks with more success. Focus is on: Body awareness, balance, strength, coordination and motor planning.

WHY ARE GROUP SESSIONS IMPORTANT?

1. Group activities help children gain a feeling of acceptance with their peers that may not otherwise be present
2. Group activities can improve a child's self-esteem, motivation and confidence
3. Children get to "role play and share" the lessons they learn in group with their peers
4. Children learn techniques to help them self-regulate their emotions
5. Concrete transferable goals can be achieved which benefit the child's ongoing learning. A qualified professional will ensure realistic goals are set for you and your child
6. The purpose of group therapy is to assist each child in emotional growth, reciprocal activities and sharing, turn taking and problem solving.