

## AUTISM SA ASSESSMENT AND PLAN SERVICES

**What:** 1:1 assessment and plan writing sessions

**Where:** Home visits, Kindy and Child Care visits, School Visits, Clinic based sessions at Netley, Northern suburb and Southern suburb venues. (Different costs may apply for different venues).

**When:** 9am-5pm weekdays  
- Other times may be available on arrangement.

**Autism SA** is accredited and registered as a provider through:

- National Disability Insurance Agency;
- Helping Children with Autism Package;
- Better Start; and
- South Australian State Government Provider Panel.

To discuss payment options you can contact Autism SA who will only be too happy to discuss your options and potential pathways or if you have established contact you could discuss your options with your National Disability Insurance Agency Planner or Autism Advisor.

**IN ALL OF OUR SERVICES WE AIM TO ESTABLISH GREAT RELATIONSHIPS, CONSISTENCY IN STAFF, EXPERTISE IN THE AREA OF DISABILITY AND SPECIFICALLY AUTISM SPECTRUM DISORDER AND EVIDENCE BASED AND INNOVATIVE PRACTICES.**

## OTHER SERVICES AND BROCHURES AVAILABLE INCLUDE:

- Occupational Therapy
- Speech Pathology
- Psychological Services
- Group Programs
- Information and Support Services

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AUTISM SA PROVIDING

# ASSESSMENTS AND PLANS

FOR INDIVIDUALS WITH A DISABILITY



**AUTISM SA HAS BEEN PROVIDING SERVICES TO CHILDREN ACROSS SOUTH AUSTRALIA SINCE 1964. OUR FOUNDING MEMBERS WERE FAMILIES DRIVEN BY THE DESIRE TO ENSURE THAT THEY HAD ACCESS TO THE BEST INFORMATION, EDUCATION, TREATMENT AND SUPPORT. WE HAVE REMAINED TRUE TO OUR BEGINNINGS.**



## ASSESSMENTS AND PLANS

*What are assessments and plans?* Assessment helps to identify strengths, challenges, interests and learning styles and then matches that profile to resources and tools that can maximize an individual's learning potential within a given setting or activity.

The plan is a written document that establishes a set of learning goals and objectives.

*Why are they important?* Assessments can identify an individual's skills, strengths and challenges. A plan can then be developed in order to help to extend skills, maximise opportunities, to engage with others and within their community. They may be designed either to provide a targeted approach

for a specific skill or to look at a holistic approach to development.

**Assessments and Plans available:**

**Speech and Language assessments:** Assesses the areas of communication: comprehension, verbal and non-verbal skills, speech sound development, functionality, intent, social communication and play skills.

**Mealtime Assessments and Plans:** Plans developed by qualified, registered and experienced Speech Pathologist and Occupational Therapist. Covers topics such as:

- Oral motor skills
- Swallowing
- Sensory issues
- Food selectivity and volume

**Oral Eating and Drinking Care Plans:** Plans developed as determined by qualified, registered and experienced Speech Pathologist in conjunction with Occupational Therapist. To provide guidelines for significant eating and drinking issues. These plans are reviewed annually or if recommended maybe more frequently.

**Occupational Therapy Assessments:** Identifies functional skills to determine strengths and challenges that individuals experience in everyday life. Areas assessed may include motor; perceptual and sensory difficulties, play skills, daily living or independence skills, and attention/concentration

**Continence Management Plan:** To assist with the underlying cause of incontinence, the support required and the management of unplanned events in school age children.

**Mobility Management Plans:** Determines the functional capacity to engage safely across a range of different environments and takes into considerations cognitive, sensory and physical abilities.

**Behavioural and Educational Assessment and Plan:** Individualised intervention plans that may include behaviour management and emotional regulation strategies and standardised assessments e.g. WISC. Conducted and developed by qualified, registered and experienced psychologist.