

## EDUCATION SUPPORT PACKAGE

Offered only in the school setting. The initial package requires a combination of individual consultation and 1:1 support.

### INDIVIDUAL CONSULTATION

**Aims** To provide individually tailored advice and quality information for school staff, and set specific goals for implementation by an Inclusion Facilitator.

**Content** Consultants assess the individual issues for the child in the school environment. Consultant will then identify specific priorities and goals for individual student. These goals will be implemented by the Inclusion Facilitator. The consultant will visit to monitor and evaluate support and progress.

#### Outcomes

- School staff will gain skills, knowledge and strategies to appropriately cater for the student.
- Students will increase their participation in the school environment.

#### Who Will Benefit

A student during transition or who requires skill development specific to the school environment. Teacher and School.

### INCLUSION FACILITATOR SUPPORT

**Aims** To implement a fixed-term individualised support program addressing the specific Autism Spectrum Disorder goals and priorities developed by the Consultant.

**Content** Inclusion Facilitators work on a 1:1 or small group basis on individualised programs to address social skills, behavioural accommodations, coping with change, emotional self-regulation, boundary training or the use of visual schedules.

#### Outcomes

- Individual student achievement of identified goals.
- Improved student skills in coping with the school and learning environment.

#### Who Will Benefit

A student during transition or who requires skill development specific to the school environment. Teacher and School.

### INDIVIDUAL ASSESSMENTS-SPEECH AND LANGUAGE

**Aims** To provide assessment of a child's level of language (both receptive and expressive).

**Content** A 1.5 hour assessment session with Speech Pathologist includes: case history and assessment(s) with structured breaks as required. A comprehensive report will be provided in the weeks following the session.

#### Outcomes

- Understanding of child's level of difficulty – specific goals for further focus.
- Strategies and information for families and other organisations/environments.

**Who Will Benefit** A child with suspected difficulties with communication who has not had a standardised language assessment in the past 12 months.

## FOR FURTHER INFORMATION AND CURRENT SESSION PRICING CONTACT:

Early Intervention and Clinic Services on 8379 6976, visit [www.autismsa.org.au](http://www.autismsa.org.au) or [www.fahcsia.com.au](http://www.fahcsia.com.au)

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# EARLY INTERVENTION

# PROVIDED AS PART OF THE HELPING CHILDREN WITH AUTISM PACKAGE

AN INITIATIVE OF THE AUSTRALIAN GOVERNMENT



AUTISM SA

*leading the way*

AUTISM ASSOCIATION OF SA INC. TRADING AS AUTISM SA

# AUTISM SA IS ABLE TO UTILISE EXPERTISE AND PROVIDE HIGH QUALITY PACKAGES OF SUPPORT AS PART OF THE **HELPING CHILDREN WITH AUTISM INITIATIVE**.

All services are delivered by qualified and experienced staff. Descriptions of the different services available that can be accessed using the Helping Children with Autism funding are as follows:

## INDIVIDUAL THERAPIES

These services can be offered at the Autism SA Clinic, school or in special circumstances, home settings. Costs will vary depending on location.

### OCCUPATIONAL THERAPY

**Aims** To develop and improve a child's gross or fine motor skills, sensory processing, concentration/attention, behaviour, organisational skills, play skills and daily living skills (sleep, dressing, feeding, toileting).

**Content** An initial assessment is performed to identify areas of difficulty. Personalised sessions will be provided 1:1 with a therapist concentrating on the areas of difficulty. Sessions will consist of a combination of play-based and therapeutic techniques.

#### Outcomes

- Improvement with identified areas.
- Ideas and strategies for families/carers to support development.

**Who Will Benefit** Children who have difficulties performing everyday activities. Children with delayed development in any life area.

### SPEECH THERAPY

**Aims** To develop and improve a child's communication (for both verbal and non verbal children).

**Content** An initial assessment is performed to identify areas of difficulty. Personalised sessions will be provided 1:1 with a therapist concentrating on the areas of difficulty. Sessions will consist of a combination of play-based and therapeutic techniques.

#### Outcomes

- Improvements in ability to communicate their message (verbally and or non-verbally).
- Improvements in understanding of information and ability to follow instructions.
- Ideas and strategies for families.

**Who Will Benefit** Any child with a communication delay or disorder (including language, speech and fluency).

## SMALL GROUPS

These services are offered at the Autism SA Clinic and Salisbury East Neighbourhood Centre.

### SPOT GROUP

**Aims** To develop interaction between the children, turn taking skills, language and fine and gross motor skills.

**Content** Structured 1 hour sessions with groups of 4-6 children. The group is planned and implemented by a Speech Pathologist and Occupational Therapist. Sessions incorporate mat times, gross and fine motor activities, language and social activities.

**Outcomes** Enhanced social, language, gross motor and fine motor skills.

**Who Will Benefit** Children with difficulties in the areas of speech/language and fine/gross motor skills.

### LANGUAGE GROUP

**Aims** To develop interaction between the children, specifically skills in turn taking and social language use.

**Content** Structured one hour sessions with a group of 4 children and 2 Speech Pathologists. Sessions incorporate mat times, language based activities (at the table) and social/turn taking activities.

**Outcomes** Enhanced social and language skills.

#### Who Will Benefit

Children with difficulties in the targeted areas, specifically those with issues around social communication.

### SENSORY MOTOR & SOCIAL SKILLS GROUP (MUSIC GROUP)

**Aims** To develop and enhance fine, gross motor, social skills and increase confidence and self esteem.

**Content** Use of a wide variety of musical instruments, songs and dance with the incorporation of visuals.

**Outcomes** To enhance fine and gross motor skills through the use of music and movement. Opportunities to develop and enhance social skills with turn taking, waiting, sharing and working together.

**Who Will Benefit** Children between the ages of 3.5 to 6 years of age who have an interest in music with issues in the areas of social and motor skills.

### SOCIAL SKILLS GROUP

**Aims** To assist children with an ASD to develop age appropriate social, friendship and life skills. To provide a number of social functions that children will encounter in everyday life in a supportive learning environment.

**Content** Each week there will be a different focus, using a variety of techniques. These may include direct instruction, visual strategies, social stories, incidental teaching and the promotion of self-regulation.

**Outcomes** For children to transfer skills learnt within the group setting into a wide variety of environments. To enable social confidence and greater understanding of self and others.

#### Who Will Benefit

Children of kindy and early school age with issues developing social skills.